

WHAT TO DO ON THE SEDER NIGHTS

The following chart outlines the normal requirements if the Haggadah is followed faithfully. **All amounts and volumes mentioned are the absolute minimum amounts and are based upon “Shiurei Torah” by Rabbi A. Ch. Noeh.**

| What? | When? | How Much? |
|--------------------------|--|---|
| Four cups of wine | <ol style="list-style-type: none"> 1. For Kiddush 2. After Ga'al Yisrael 3. After Birkat Hamazon 4. Before Nirtzah | <p>The Seder cup should hold at least a Reviyit i.e. 87 mls of wine. It is preferable to drink the whole cupful, without interruption, all four times. However, if this is too hard, one need only drink the majority of the first three cups, and a complete cupful only the fourth time. If one cannot drink wine one may use grape juice.</p> |
| Matzah | <ol style="list-style-type: none"> 1. After reciting Hamotzi and Al Achilat Matzah | <p>Preferably two Rabbinic k'zeitim, i.e. a total of 26gm are needed, one from the upper matzah and one from the middle of the three matzot, i.e. almost approx 13gm from each of the top two matzot. (However, if bsolutely necessary, one may fulfil one's obligation by eating just over 19gm (1 Biblical K'zayit matzah.)</p> |

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| | <p>2. For the Afikoman</p> <p>3. For Korech</p> | <p>It is preferable to eat 26gm. If the Afikoman is not large enough, one may combine it with other matzah to make up the required measure. If it is too difficult to eat the entire 26gm one may eat just 13gm.</p> <p>At least 13gm of the (Hillel's Sandwich) bottom of the three matzot should be used.</p> |
| <p>Maror If you use only pure grated horseradish</p> | <p>After reciting Al Achilat Maror and for Korech</p> | <p>Preferably one "Biblical K'zayit" i.e, 29cm² (approx. 30gms). If this is too horseradish difficult, one may eat 19cm² of the horseradish</p> |
| <p><i>NB Do not use commercially produced jars of chrein for the mitzvah of maror.</i></p> | | |
| <p>If you use only Romain Lettuce</p> | <p>After reciting Al Achilat Maror and for Korech</p> | <p>One "K'zayit" i.e, enough Romaine lettuce to cover completely at least an area measuring 26 x 14cm.</p> |

It is customary to use a proportionate mixture of both horseradish and Romaine lettuce.